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Fasting Instructions Before General Anesthesia

- **NO FOOD/ MILK/ YOGOURT** as of **midnight** the day of your appointment.
- **Give clear fluids ex: clear apple juice/ water/ Gatorade up to 2 hours before your appointment.** *(No other juices/ liquid or foods are permitted)*
- **Breast Feeding (Breastmilk) is allowed up to 4 hours before the appointment.**

*****Before a scheduled procedure, the fasting period time needs to be respected to be sure that the stomach is completely empty before being put under general anesthesia. If the stomach is not completely empty, there is an increased risk of vomiting which could result in severe respiratory complications. *****

Information for Your Visit to the AGM Clinic

- **Mask wearing is mandatory and access to the clinic will be limited to one (1) parent or guardian per patient.**
- To maintain social distancing during your child's procedure you will be unable to have access to the clinic waiting room. Waiting in the corridor is forbidden. You will need to leave a phone number where you can be contacted. We will call to notify you when your child's procedure is complete.
- The patient must be accompanied by **ONE (1) RESPONSIBLE ADULT** who is able to carry him/her in their arms if necessary.
- Please respect the social distancing rules in the common areas.
- Please only bring the essentials with you.
- Please bring the patient's Medicare card and a cellular phone (if possible).
- Bring comfortable clothing for the patient: avoid one-piece clothing items such as overalls and dresses. Long hair must be tied or braided. No jewelry and no nail polish are allowed.
- Please bring with you extra clothing.
- **For any questions concerning the date and time of your appointment, please contact the dental clinic where your dentist works.**