



Centre Dentaire
Pédiatrique et Prosthodontique
de Montréal

Post-op care instructions following dental treatments under general anaesthesia

- One of our team members will contact you either in person or by phone at the end of the treatment.
- Wait in your car until the medical team contact you and guide you to the recovery room where your child awaits. (Waiting time of about 30 to 60 min)
- Diet
 - Start with a soft diet and return slowly to a regular one depending on your child's mood.
- Extraction
 - Local anesthesia : Do not let your child bite his numbed lip.
 - Do not drink with a straw for 24h
 - Do not spit for 24h
 - Soft diet for 24h
 - Gently brush around the extraction site
 - Resorbable sutures : They will melt naturally within 2 weeks.
- Root canal
 - Watch for abscess during toothbrushing
- Analgesic
 - Your child was given Advil at your arrival to the general anesthesia clinic. If needed, you can give Tylenol in 6 to 8h.
- Dental Hygiene
 - It is normal to see some gum bleeding for few days.
 - Keep brushing and flossing to promote healing.
- Our dental team will contact you in 2 to 3 days to take news on your child's recovery and to schedule a follow-up appointment with your child's treating dentist.

Thank you for your trust in our team and do not hesitate to contact us if you have any questions or worries.

CDPPM team